



Los Angeles County Commission for Women



APPLICATION FOR DONATION

All requests for funds must be received 30 days prior to the next scheduled LACCW meeting (see attached meeting schedule). The requesting organization must provide the following information before consideration of a request.

Date: March 20, 2011
Commissioner: Reiko Duba
Supervisory District: Fifth

Name of Organization

Los Angeles County, Department of Parks and Recreation, Jackie Robinson Park

Address

8773 East Avenue R, Littlerock, CA 93543

Telephone Number

(661) 944-2880

FAX Number

(661) 944-0413

Contact Person

Peg Lee

Title

Recreation Services Supervisor

E-mail

plee@parks.lacounty.gov

Mission of Organization (Purpose and Goals)

Antelope Valley Jackie Robinson Park as one of the Los Angeles County, Department of Parks and Recreation create community through people, parks and programs. The Park provides the residents with quality recreational opportunities that promote a healthy lifestyle and strengthen the community through diverse physical, educational, and cultural programming that enhance the community environment.

History of Organization and Time of Existence

Named after baseball great Jackie Robinson, the park was dedicated on June 16, 1965. One of the driving forces behind Jackie Robinson Park is the Women's Club of Sun Village. Their primary purpose is to promote education, literacy and philanthropic activity among its members and to develop an interest in civic, social, and economic conditions in the community.

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Event Information

Date/Time

Mon-Fri, 9:00 a.m. – 11:00 a.m.

Location

Jackie Robinson Park Gymnasium

Target Number of Attendees

30 to 50

In what Los Angeles County District will this event take place?

5th District

In what Los Angeles County District does your organization belong to?

5th District

Constituency served within Los Angeles County (age, gender, ethnicity, income level, geographical region, etc.)

Women, 25 – 70 years old, Latinas, Low income women in Antelope Valley area..

Specific Request (i.e. monetary contribution, use of LACCW's name or logo, access to mailing resources, and/or staff assistance)

\$750.00 to purchase 30 pedometers (step counters) at \$25.00 each to women who participate in the Park's morning exercise class. For most people, walking is an easy and low-cost way to get moving and stay fit. Using a pedometer you can track the number of steps you take each day. Many people have a hard time remembering to exercise and people are often surprised to see how little they actually walk in a typical day. Using a pedometer may remind you to exercise more. Then you can set goals to take more steps and be more active. Studies show that people who used a pedometer were more likely to add about 2,000 steps more a day than before using a pedometer.

The goal is to work your way up to walking at least 10,000 steps each day that is about equal to burning 500 calories. Burning 500 calories a day, seven days a weeks equals 3,500 calories which is equivalent to losing one pound of weight.

The Commission, along with Los Angeles County Department of Health: Office of Women's Health, provide health education materials, if possible, in Spanish.

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How will this donation benefit the organization?

Like many communities in Los Angeles County, there is an alarming number of overweight and unfit children, teens, and adults in the Antelope Valley. Overweight and obesity are at risk to developing chronic diseases, such as diabetes, hypertension and heart disease. Along with Los Angeles County, the Department of Parks and Recreation's "Healthy Parks" Program, the Commission for Women will participate in the obesity prevention program and work together to improve the quality of life for residents in the community. The Commission's support will enhance and improve Jackie Robinson Park's Adult Exercise Program and increase the overall number of participants. By providing health education materials, the Commission will educate, motivate, and empower the participants, who are role models for children, to adopt healthy life style and improve their overall quality of life.

Have you received donation funds from LACCW before? If yes, please specify the event, time, and amount of donation. If more than once, please specify the two most recent occasions.

No (X), this is the first time we received donation from LACCW.

Yes (), we have received donation(s) from LACCW previously.

First Occasion:

Name of the Event _____

Date of the Event: _____

Donation Amount: _____

Second Occasion:

Name of the Event _____

Date of the Event: _____

Donation Amount: _____

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Please send this form to:

Los Angeles County Commission for Women
500 W. Temple Street, Rm. B-50, Los Angeles, CA 90012
PH: 213-974-1455
FAX: 213-633-5102
www.laccw@bos.lacounty.gov

For CW Office Only:

Date Received

Received By

Date of Review

Reviewed By

(Yes____) (No____)

Place on Agenda:

Reason for not placing on agenda

<u> </u>	(Yes___) (No___)	(Yes___) (No___)	<u> </u>
Date of CW Board Meeting	Action Taken	Notification Sent	Amount Approved

Reason for Rejection
